

Double Postie's Jig

Scottish Country Dance Instruction
Double Postie's Jig - Roy Clowes and others
aka Daryl's Double Postie's

Jig 4 x 32 bars 4 Couple Repeat 4 Couple Set Longwise Set

- 1-2** All take hands on the sides and set;
- 3-8** 1s2s 3s4s $\frac{3}{4}$ double figures of 8, 1s casting, 4s casting up, to start, finishing 2s1s4s3s, 2s 3s facing out, 1s 4s on opposite sides facing in;
- 9-10** 1L4L lead across (nearer hands joined) under arch made by 1M4M WHILE 2s cast, 3s cast up, to exchange places on the sides;
- 11-12** 1M 4M 1L 4L (with free hand) turn corners, finishing 1s at the top facing down, 4s at the bottom facing up, corners facing out;
- 13-14** 1s lead down (nearer hands joined) under arch made by 4s WHILE 3s (at top), 2s (at bottom), cross to exchange places;
- 15-16** 1M 4M 1L 4L (with free hand) turn corners, 1s 4s finishing on own sides, corners facing out;
- 17-24** repeat bars 9-16 from new positions, finishing 2s1s4s3s, 1s 4s on opposite sides;
- 25-28** 1s4s half rights and lefts WHILE 2s (at top), 3s (at bottom), set twice, turning on the spot to face in, finishing 2s4s1s3s;
- 29-32** 2s 4s 1s 3s turn by the right.

(MAXICRIB, Scottish country dancing instructions compiled by Reuben Freemantle)

Dance Notes

- 9-22** Ls always cross under arches made by Mn;
couples going down go under arches made by those going up.
Corners always give right shoulder when exchanging places and do not take hands.
- 9-24** Starting from first corners' positions, chase anticlockwise around the set, at each corner turning the approaching dancer by the left; from second corners' positions, chase clockwise around the set, at each corner turning the approaching dancer by the right.
- 11-24** Use elbow grip when turning corners.
- 29-32** A birl (left hands joined above right-hand elbow grip) is more fun.

Dance Instruction Videos
Double Postie's Jig - Scottish Country Dancing Instruction Video
< <https://www.youtube.com/watch?v=7GoCT4ouSZE> >